

APPOINTED TIMES SERIES

# ספירת העומר

SEFIRAT HaOMER  
COUNTING the OMER

Rabbi Jim Appel

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# ספירת העומר Safirat HaOmer

## COUNTING THE OMER

### *Appointed Times Series*

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Printed in the USA ISBN 978-1-941173-442

1. Jewish Holidays 2. Messianic Judaism 3. Resurrection Day

Published by

Olive Press Messianic and Christian Publisher

www.olivepresspublisher.com

olivepressbooks@gmail.com



Messianic & Christian Publisher

Our prayer at Olive Press is that we may help make the Word of Adonai fully known, that it spread rapidly and be glorified everywhere. We hope our books help open people's eyes so they will turn from darkness to Light and from the power of the adversary to God and to trust in ישוע Yeshua (Jesus). (From II Thess. 3:1; Col. 1:25; Acts 26:18,15 NRSV and CJB) .

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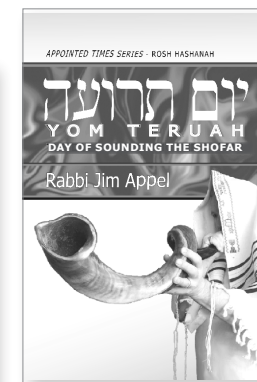
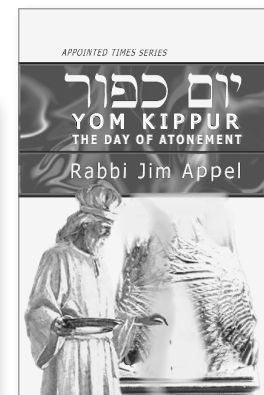
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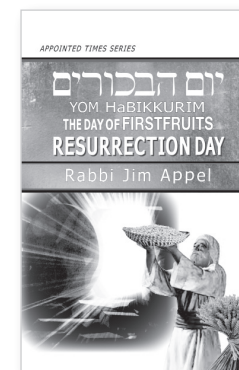
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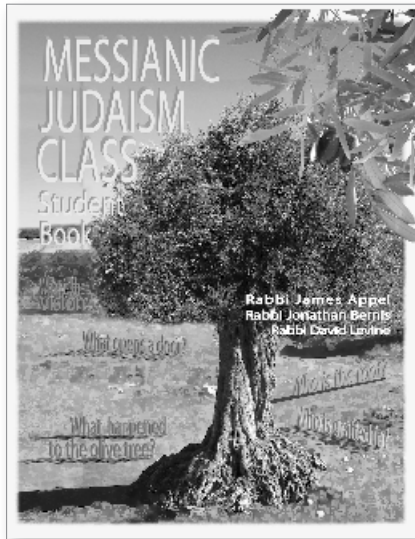


*Yom HaBikkurim, Firstfruits, Resurrection Day*



Other books by Rabbi Jim Appel:

*Messianic Judaism Class Teacher Book, Student Book,  
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This book is dedicated to Adonai

**ADONAI**, thank You for Your Word and thank You that it is a light for our eyes and a lamp for our feet. We just pray right now that You would open up our eyes to see it. Open up our ears to hear it. Open our minds to understand it. Open our hearts to receive it. Open up our wills to do it. I commit the studies in this book to You and put them in Your hands. I pray they will be a blessing and will bear fruit to every person who reads them. In Yeshua's Name. Amein

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## **Appointed Times / Biblical Holidays / Moadim**

### **Spring\*:**

Pesakh - Passover

Yom HaBikkurim - Firstfruits - Resurrection Day

Counting the Omer

(\*For a thorough look at the Spring Moadim,  
see Day Fifty: Fulfilling the Omer, p. 439.)

### **Summer:**

Shavuot - Feast of Weeks - Pentecost

### **Fall:**

Yom Teruah -Day of Sounding the Shofar - Rosh HaShannah

Yom Kippur - Day of Atonement

Sukkot - Feast of Tabernacles

## Hebrew Terms:

ישוע **Yeshua** *Yeh-shoo-ah* - Jesus' original Hebrew Name, which basically means Salvation and is pronounced and spelled almost exactly the same as the Hebrew word for salvation.

ישועה **Yeshuah** *Yeh-shoo-ah* salvation

מועד **Moad** *moh-odd* - Hebrew for Appointed Time, referring to a Biblical Holiday

מועדים **Moadim** *moh-ah-deem*- plural of Moad

עמר **Omer** *oh-mehr* a unit of measure for grain that has come to refer to the counting of the days as commanded between Firstfruits (Resurrection) and Shavuot (Pentecost).

יום הבכורים **Yom HaBikkurim** *Yohm Ha-Beek-kur-eem* Day of Firstfruits. Yeshua arose on the barley Firstfruits Moad.

שבועות **Shavuot** *shah-voo-oh*t the Biblical Holiday also called Feast of Weeks and Pentecost. Also the wheat Firstfruits Moad, usually in May.

מצה **Matzah** a special unleavened bread for Passover

**Phylacteries** also called tefillin are small leather boxes containing certain Scripture that Jewish men strap with leather straps to their left arm and forehead daily for morning liturgy prayer time.

שבת **Shabbat** *shah-bah*t the Sabbath day of rest, the seventh day of the week which begins Friday evening and ends Saturday evening..

שבתות **Shabbatot** *shah-bah-toht* plural of Shabbat, Sabbaths

ברית חדשה **Brit Khadashah** (also spelled B'rit Hadashah or Hadasha or Chadasha) **B'reet Khah-d'-shah** (The **kh** is a **guttural sound**.) **New Covenant** (sometimes referring to the Covenant itself; sometimes to the whole New Testament.)

רוח **Ruakh** (also spelled Ruach) *roo-ahkh* (guttural sound) Spirit

רוח הקודש **Ruakh HaKodesh** the Holy Spirit

משיח **Mashiakh** (also spelled Meshiach) *Muh-shee-akh* Messiah

המשיח **haMashiakh** *ha-Muh-shee-akh* the Messiah

השטן **ha-satan** the adversary (satan)

## Introduction

# Why COUNT THE OMER?

## The Appointed Time / Moad Explained

**Counting the Omer** begins on Resurrection Day, the glorious day our Savior Yeshua arose from the grave, which is also Firstfruits, the Biblical Appointed Time when the Firstfruit offering of barley was to be brought to the Temple.<sup>1</sup> **Counting the Omer** is the day God commanded us to begin counting the days leading up to the next Appointed Time (Moad), Feast of Weeks (Shavuot):

Leviticus 23:15-16 *Then you are to count from the morrow after the Shabbat, from the day that you brought the omer of the wave offering, seven complete Shabbatot. 16 Until the morrow after the seventh Shabbat you are to count fifty days, and then present a new grain offering to Adonai.*

So Resurrection Day not only occurs in the midst of the **seven day** Moad of Matzah (Feast of Unleavened Bread), but also begins the period of **seven weeks** of counting each day. The Jewish leaders have taken this literally, just like they have other commandments, for instance the one to “bind” the commandments “*on your hand, and they shall be as frontlets between your eyes,*” and thus the practice of binding phylacteries (which contain Scripture) every day. The tradition for **Counting the Omer** is to count each day with a special blessing.

<sup>1</sup> See my *Resurrection Day* book for many awesome things about that!

So if you are reading this on Resurrection Day or during any of the fifty days of Counting the Omer, and you haven't counted the day yet, how about you stop right now and do the counting in obedience to this command of Adonai.

So take a minute to look at the list below to figure out what the traditional words are for the day you are in. The first part is for every day, given in Hebrew then English. The last sentence needs to be specific for each day. After you have it figured out, then stand up and say the blessing.

### The Blessing for Counting the Omer

This first part is spoken every day:

#### Hebrew:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעוֹמֵר:

*Barukh Ata ADONAI Elohenu, melekh ha-olam, asher qee'd'shanu b'mitz-votav, v'tzee-vanu al sefirat (pronounced seh-fee-raht) ha-Omer.*

#### English:

Blessed are You, Adonai (LORD) our Elohim (God), King of the Universe who has sanctified us with Your commandments and commanded us concerning the counting of the Omer.

#### Specific for each day

Figure out what day you are in, then find out what to say:

Day 1 הַיּוֹם יוֹם אֶחָד לְעוֹמֵר  
*Ha-yom yom echad (eh-khahd) la' Omer*  
Today is day one of the Omer.

Day 2 הַיּוֹם שְׁנַיִם יָמִים לְעוֹמֵר  
*Ha-yom shnei (shnay) yamim (yah-meem) la' Omer*  
Today is day two of the Omer.

Days 3-6 הַיּוֹם יָמִים לְעוֹמֵר  
*Ha-yom \_\_\_\_\_ yamim la' Omer*  
Today is day (3-6) of the Omer  
3-shlo-shah, 4-arba-ah. 5-ha-mee-shah, 6-shee-shah

Day 7 הַיּוֹם שִׁבְעָה יָמִים שֶׁהֵם שְׁבוּעַת אֶחָד לְעוֹמֵר  
*Ha-yom sheev'ah yamim, shehem shavuah echad la' Omer.*  
Today is day seven, which is one week of the Omer.

Days 8-13 הַיּוֹם יָמִים (יוֹם) שֶׁהֵם שְׁבוּעַת אֶחָד לְעוֹמֵר  
*Ha-yom \_\_\_\_\_ yamim (for eleven on: yom) shehem shavuah echad v' \_\_\_\_\_ yamim la'Omer.*

Today is day (8-13), which is one week and (2-6) days of the Omer.  
8-shmonah, 9-teesa, 10-a'sa'ra, 11-achad-asar, 12-sheim-asar, 13-shalosh-asar.

Days 14-50 הַיּוֹם יוֹם שֶׁהֵם שְׁבוּעוֹת יָמִים לְעוֹמֵר  
*Ha-yom \_\_\_\_\_ yom, shehem \_\_\_\_\_ shavuot v' \_\_\_\_\_ yamim la'Omer.*  
Today is day (14-50), which is (2-7) weeks and (2-6) days of the Omer.

14-arba'ah-asar. 15-hameeshah-asar, 16-sheeshah-asar, etc.  
20-esrim (es-reem), 21-echad v'esrim, 22-shnaim, v'esrim  
23-v'shloshah v'esrim, 24-arba'ah, v'esrim 25-hameeshah v'esrim, ...  
30 shloshim (shlo-sheem), 40 arbaim (arba-eem),

Amein

### The Reason

So why would God want people to be counting the days leading up to Shavuot? If someone says about an event, "I'm counting the days," it usually means they are looking forward to something really awesome. They might be counting the days until they change jobs or until retirement, or until graduation, or better yet, they might be counting the days until their wedding or till a new baby's due date! So let's see if there is something amazing for which we are supposed to be counting the days in excitement and anticipation.

*Exodus 19:1 (NKJV) in the third month after the children of Israel had gone out of the land of Egypt. On the same day they came to the wilderness of Sinai.*

Since before the time of Yeshua, Jewish scholars have interpreted that phrase "on the same day" to mean that the children of Israel arrived at the wilderness of Sinai on the first day of the third month of the year, the month of Sivan. Then if you continue to read in Exodus 19, you realize that a couple of days went by. They camped a night or two. Moses went up the mountain, then told the people what God said. They promise to do everything God said. Then Moses went back up to the Lord to report the people's answer. Then the Lord told Moses to tell the people to prepare for three days to meet

Him, so He came down on Mount Sinai around the sixth day of the month of Sivan. Depending on what day of the week Passover falls, it would be on the 5th, 6th or 7th day of Sivan when Shavuot occurs.

So what happened on Mount Sinai? God came down in fire and smoke and lightning and thunder with the mountain shaking and the blast of the Heavenly Shofar!!! WHOA! Think about it! It's really big! Right?!! I mean, God spoke the Ten Commandments from the mountain directly to the people! But an even bigger way of thinking about this is that's when He started to give us the Bible! It was the beginning of God giving us His Word! So that's a pretty amazing thing.

So now let's look at the New Covenant, and we will find another overwhelmingly awesome event that occurred on Shavuot. Pentecost! How do we know Pentecost happened on Shavuot? Because the Greek word, Pentecost means 50 as in counting the 50 days. It is the Greek term for the Moad, Shavuot. *Shavuot* means *weeks* (the Feast of Weeks), and is the plural form of the word *seven*. So it also means *sevens*, implying seven sevens. So both words are based on numbers for counting, as in the Counting of the Omer.

So two of the most important events in the history of mankind occurred on Shavuot! The giving of God's Word on Mt. Sinai and the outpouring of the Ruakh HaKodesh, the Holy Spirit, following Yeshua's sacrifice on the Cross, and His Resurrection. On Shavuot, 50 days after the Resurrection, the Ruakh came to dwell in and overflow every believer.

So I definitely would say, and I'm sure you would too, that the beginning of the giving of the Word of God and the beginning of the outpouring of the Ruakh are both remembrances very much worth counting the days until we celebrate their occurrences. Right? So on Resurrection Day - Yom HaBikkurim - the Day of Firstfruits, we begin excitedly counting the days and looking forward to celebrating the Word and the Ruakh.

I mean the Resurrection is already exciting and amazing enough to be exuberantly joyful about, but Adonai wants us

to get even more excited about being filled with His Spirit because His death and Resurrection enabled that to happen. Without the Cross and the empty tomb, there would be no Pentecost! It is only by being cleansed in His atoning Blood that we can be made pure so that His presence can dwell within us. And it is by His Ruakh in us that we can begin to understand His Word!

The traditional church has two countdown periods, Advent for anticipating Yeshua's birth and Lent for preparing our hearts for commemorating the Crucifixion and Resurrection. But God only commanded one counting, and it isn't either one of those. Those two countings are nice. Those two seasons are of highest importance (even though their dates and names might be off), but God wants us to mark two other vitally important events for believers with a counting, Pentecost and Mt. Sinai!

So on Resurrection Day, let's begin the counting and ask Him what we should be studying and meditating on as we anticipate the two glorious events. We will help you do that in this book, and in my *Shavuot* book.

### Timing Disagreement with Traditional Judaism

So in our congregation, we Messianic Jewish believers observe Yom HaBikkurim as commanded and per tradition, giving a Firstfruits offering in faith, trusting God to bless our finances the rest of the year. But we also celebrate it as Resurrection Day and rejoice in the Resurrection of our Savior and Messiah, Yeshua.

Then we begin the Counting of the Omer on that day as commanded in the Torah, which should be in line with the non-Messianic Jewish counting. However, if you look on a traditional Jewish calendar, their count always starts on the second day of Unleavened Bread (Matzah), on whatever day of the week that falls. On the years that the second day of Matzah lands on a Sunday, our count starts the same day as traditional Jewish calendars. Thus on those years, we celebrate Shavuot at the same time as the rest of the Jewish community.



The difference is based on differing interpretations of this phrase in Leviticus.

Leviticus 23:15 (CJB) *“From the day after the day of rest...*

The *“day of rest”* can be the Saturday Shabbat during the week of Matzah, but it could also be the first day of Matzah (which is also the day of Passover) because God commanded that it must be a Shabbat. The non-Messianic Jewish community has decided that this phrase is referring to the first day of Matzah. We Messianic Jews have chosen the Saturday Shabbat during the week of Matzah.

So one year, when I was reading the traditional Jewish readings that have been laid out, a specific reading for every day of Unleavened Bread in Hebrew, and happened to be reading Leviticus 23 thinking it was chapter 22. So I wasn't reading like “Oh yea, I know this.” Instead I was really focusing on it as I read it.

I was using my interlinear Bible that has the English right below the Hebrew. So what I do is I cover up the English and try to understand the Hebrew. If I don't understand a certain word, I look down and see what the English word is. But the Hebrew in that passage has very familiar words, so it was really easy for me to read it all in Hebrew without looking at the English. And I was stunned!!! I was just amazed! I wasn't thinking about the calendar or anything at that moment. But when I read it in the Hebrew, it was so clear! It was completely clear that Firstfruits and the start of the Count of the Omer should be on a Sunday, the way we Messianics do it!

So here is Leviticus 23:15-16 in Hebrew.

וּסְפַרְתֶּם לָכֶם, מִמַּחֲרַת הַשַּׁבָּת, מִיּוֹם הַבִּיאָכֶם, אֶת-עֹמֶר  
הַתְּנוּפָה: שִׁבְעַת שָׁבָתוֹת, תְּמִימֹת תִּהְיֶינָה  
עַד מַמְחֲרַת הַשַּׁבָּת הַשְּׂבִיעִית, תִּסְפְּרוּ חֲמִשִּׁים יוֹם; וְהִקְרַבְתֶּם  
מִנְחָה חֲדָשָׁה, לַיהוָה.

It says in Hebrew, *“you are to count mi-makharet ha-Shabbat (from the day after the Shabbat),”* then it goes on, *“the day that you bring the sheaf to wave.”* Then it says, *“sheva*

*shabbatot (seven Shabbats) shall be completed for you.”* So in this verse 15 alone, it is very clear that you are supposed to start the count on the day after Shabbat. Verse 16 is where it really gets interesting. *“ohd mih-mah-khar-raht (until the day after) ha-shabbat hashvi'im (the seventh Shabbat).”* This is what really got me because what it is saying is *“until the day after the seventh Shabbat”!!* There's no ambiguity to that. It's got to be on the day after a weekly Shabbat, not seven weeks later on a Wednesday. It finishes by saying, *tispru khamishim yom (count fifty days) and bring a new grain offering to Adonai.”*

So again, verse 16 leaves no doubt. *“ohd mih-mah-khar-raht (until the day after) ha-shabbat hashvi'im (the seventh Shabbat).”* There's no other way you should translate that.

I hope you can see as I did how clear it is in the Hebrew. And also that the fiftieth day must also be a “day after the Shabbat.” The day that you start the count is the day that you do the wave offering which is on the day after Shabbat and then 50 days later, Shavuot is supposed to be on the day after the seventh Shabbat.

The Tree of Life Version (TLV), that we use for the Tanakh Scriptures in this book, is as close to the Hebrew as you can get while keeping correct English grammar and syntax.

Leviticus 23:15-16 (TLV) *Then you are to count from the morrow after the Shabbat, from the day that you brought the omer of the wave offering, seven complete Shabbatot. 16 Until the morrow after the seventh Shabbat you are to count fifty days, and then present a new grain offering to ADONAI.*

The New Kings James Version (NKJV) also is very accurate.

Leviticus 23:15-16 (NKJV) *And you shall count for yourselves from the day after the Sabbath, from the day that you brought the sheaf of the wave offering: seven Sabbaths shall be completed. 16 Count fifty days to the day after the seventh Sabbath; then you shall offer a new grain offering to the LORD.*

But what about other translations? I took a look at two Jewish translations. The first one is the Complete Jewish Bible. You need to understand that the Tanakh section of it is not

a translation from the original by David Stern. He just took an existing, out-of-copyright, Jewish translation and updated the pronunciations of the names and some out-dated English words in it. (It is only the New Covenant that he translated from the original.) So both of the following are the standard Jewish Publication Society (JPS) translation from 1917. They are a little different because of David Stern's updating from the JPS English, etc.

Leviticus 23:16 (CJB) *until the day after the seventh week; you are to count fifty days; and then you are to present a new grain offering to ADONAI.*

Leviticus 23:16 (JPS 1917) *even unto the morrow after the seventh week shall ye number fifty days; and ye shall present a new meal-offering unto the LORD.*

Notice the switch from “the day after the Shabbat” to “the day after the seventh week.” It doesn't say “week” “shavuah” there at all. It says “Shabbat.” (In Hebrew, there's a big enough difference between “Shabbat” שַׁבָּת and “shavuah” שִׁבּוּעַ. Only the first two Hebrew letters are the same.) And yet they've changed it to “week.” So you can see, there's something up here.

### Keeping the Two Separate

There sure seems to be an intentional switching—an intentional making of the translation such that it supports the Jewish community's position that it should be the day after Passover that you begin the Omer count.

As noted above, the NKJV and the TLV translate it very accurately from the Hebrew.

Leviticus 23:16 (NKJV) *Count fifty days to the day after the seventh Sabbath.....*

Leviticus 23:16 (TLV) *Until the morrow after the seventh Sabbath...*

The Torah clearly makes the days of Firstfruits and Shavuot both Sundays. To me the Hebrew couldn't be any more clear than that. So, if we follow the Hebrew, which we

in the Messianic Movement do, it would be very clear that the day that the count starts would be on Sunday, and thus Shavuot would always be on a Sunday.

Why the difference? Why this seemingly intentional change? If Judaism interpreted the verses as written in the Hebrew, Firstfruits would always fall on the Sunday during Unleavened Bread, which would be on Resurrection Day, on a Sunday like the Christians celebrate! And Shavuot would always fall on a Sunday seven weeks later, which would be on the Christian holiday of Pentecost!

So the mis-translations, I believe, are clearly done to keep the Jewish and Christian holidays from being connected in the minds of the Jewish people. This was done by the Jewish translators. It's clear to me that they didn't want the Jewish people to see that Yeshua was fulfilling Jewish Biblical holidays. It's interesting how far they went from what it actually says in the Hebrew, so they wouldn't have to have the embarrassment, if you will, of having to keep explaining when their people ask questions like, “Well, how come the Christians are celebrating a holiday the same day we're celebrating a holiday?” This way most years the two do not line up.

This also worked to keep Christian scholars from seeing that Christianity is really Jewish because they also wouldn't see that the holidays line up. They would just take the Jewish people's word for it. “Oh, we celebrate on a different day.” But I think that in the beginning in Acts, they were both on the exact same day, and what is at work here are anti-Semitism and anti-Christ spirits. Anti-Christ spirits are keeping the Jewish people from seeing Yeshua, and anti-Semitic spirits are keeping the Christians from seeing their connection to the Jewish people and their Jewish roots. It is really sad.

\* \* \*



Let's open this next section with prayer

*Father, we thank You for this time when we can look into Your Word. We thank You that Your Word is powerful and life-changing. We lift up our hearts to You, Lord, and we just pray that we would be hearers and doers of Your Word, that we would receive it, that we would understand it, that it would become a part of our hearts and minds and would bring us into a place of greater shalom in our walk with You. In Yeshua's Name Amen.*

# BIBLICAL EVENTS OF THE FIFTY DAYS

## BETWEEN THE RED SEA AND MOUNT SINAI

AND

## BETWEEN THE RESURRECTION AND THE OUTPOURING OF THE RUAKH/SPIRIT

## OUTLINE

*Before Week 1, (See my Passover Book)***Red Sea to Mt. Sinai**

Ate unleavened Bread for the three days  
Protected by the Pillar of Cloud and Fire  
Chased by the Egyptian Army

**Resurrection to Ruakh**

Yeshua crucified and put in the tomb  
Yeshua went to the heart of the earth  
He took the keys of death and hell  
He set the captives free.  
The disciples were in hiding

*Omer Day 1, (See my Resurrection Book)***Red Sea to Mt. Sinai**

Red Sea parted and they crossed  
Moses raised his staff at dawn and the sea returned  
Egyptian Army Destroyed  
Singing and Dancing

**Resurrection to Ruakh, p. 244**

Yeshua arose!  
Appeared to Mary  
Appeared to the other women  
Walked the Emmaus Road with two  
Appeared to the disciples except Thomas  
Breathed on them to receive the Ruakh (Spirit)

**Yeshua Breathed on Them, p. 244**

*Week 1 (Days 2-7)*

**Devotionals: Lovingkindness - Chesed, p. 24**

**Red Sea to Mt. Sinai, p. 64**

Traveled three days into the wilderness and found no water. Complained (Ex. 15:22-24)  
Bitter water made sweet (Ex. 15:26)  
If you will listen to MY Voice, I will put NONE of the disease of Egypt on you (Ex.15:26)

**Awesome God, p. 65**

**God Who Is, p. 75**

**Bitter to Sweet, p. 82**

**Resurrection to Ruakh, p. 245**

Second day and rest of week, Disciples still in hiding.  
The lie is being spread that they stole His body.  
Yeshua doesn't appear to them during these days.

**Overcoming the Bitterness of Defeat, p. 246**

*Week 2 (Days 8-14)*

**Devotionals: Strength/Power - Gevurah, p. 28**

**Red Sea to Mt. Sinai, p. 86**

Came to Elim with 12 springs and 70 Palms (Ex. 15:27)

**Chosen, p. 86**

**Resurrection to Ruakh, p. 261**

After 8 days, He appears to disciples with Thomas.  
Yeshua says, "Touch me and see." Thomas says, "My Lord and my God." (John 20:26-29).  
Days later, they all went fishing, caught nothing all night.  
The next morning, He says to cast their net on the other side. They catch 153 fish. They eat with Him. He asks Peter "Do you love Me?" (John 21)

**Yeshua Who Is, p. 262**

**Becoming Aware of Yeshua's Love, p. 266**

**Peter's Baggage, Our Baggage, p. 275**

**Profound Baggage Revealer, Marriage, p. 288**

*Week 3 (Days 15-21)*

**Devotionals: Beauty/Harmony - Tiferet, p. 31**

**Red Sea to Mt. Sinai, p. 100**

They finished their time in Elim (12 springs, 70 Palms).  
They traveled from Elim to the wilderness of יְרֵחוֹ Seen

**Following the Pillar of Cloud and Fire, p. 100**

**Resurrection to Ruakh, p. 303**

*Until the day He was taken up ... 3...He shewed Himself alive ... being seen of them forty days, and speaking of ... the Kingdom of God. (Acts 1:2-3)*

He continued opening their minds to understand Scripture. "...47 ...repentance... is to be proclaimed to ...all nations, starting with Yerushalayim. (Luke 24:45-47)

*All power is given unto Me in heaven and in earth. 19 Go ... and teach all nations.... (Matt. 28:18-20)*

*Go ye into all the world and preach the Gospel...* (Mk 16:15)

*\*He taught on this from day 1. We are focusing on it this third week.*

**God's Perfect Love**, p. 304

**Affects of & Barriers to God's Love**, p. 318

**Starting with Jerusalem**, p. 331

### *Week 4 (Days 22-28)*

**Devotionals: Victory/Triumph - Netzakh**, p. 35

**Red Sea to Mt. Sinai**, p. 113

On the 15th day of the 2nd month, they arrived in the wilderness of **יִדְבָר** Seen (Ex. 16:1).

Complained no food or meat (Ex. 16:2-36)

Quail (in the evening)

Manna the next morning (so the same Biblical day)

Some tried to save extra and it rotted. On Shabbat, some disobeyed and tried to gather (Ex. 16:20, 27-29)

**The Complaining Spiral**, p. 114

**Slave Food**, p. 124

**Being Disciplined by God**, p. 126

**Resurrection to Ruakh**, p. 344

Yeshua kept on teaching about the Kingdom (Acts 1:2-3)

He continued opening their minds to understand the Scriptures Luke 24:45

His signs would've continued: He did many other signs in the presence of His disciples (John 20:30-31)

He did so many other things, if all were written ... *"the world itself could not contain the books"* (John 21:25)

**Forgiveness**, p. 345

**Discerning of Spirits**, p. 352

**Prejudice**, p. 366

### *Week 5 (Days 29-35)*

**Devotionals: Glory – Kavod/Shekinah – Hod**, p. 39

**Red Sea to Mt. Sinai**, p. 139

Traveled and camped at Rephidim. No water. The people quarreled against Moses. (Ex. 17:1-2)

Moses struck the Rock, and water came forth. (Ex. 17:5-6)

**The Mysterious Rolling Stone**, p. 140

**Respect for Authority**, p. 152

**Resurrection to Ruakh**, p. 383

He was seen by 500 people at once. (I Cor. 15:6)

He was seen by His brother James. (I Cor. 15:7)

**James, One of Four Proofs of the Resurrection**, p. 384

**Understanding Salvation and His Name**, p. 393

### *Week 6 (Days 36-42)*

**Devotionals: His Sure Foundation – Yesodo**, p. 43

**Red Sea to Mt. Sinai**, p. 166

The Amalekites came and fought against them.

The next day, while Moses stood on the top of a hill and raised his hands with Aaron and Hur's help, and they defeated the Amalekites.

Moses built an altar to remember their victory over the Amalekites. (Ex. 17:14)

**Remember Amalek**, p. 167

**It's a Battle**, p. 180

**Our Enemy Never Quits**, p. 189

**Be Aggressive over the Enemy**, p. 196

**Resurrection to Ruakh**, p. 404

Yeshua continued teaching, assembled them with Him.

"Wait in Jerusalem for power from on high."

He ascended on Day 40.

They returned to Jerusalem from the Mt. of Olives.

They began to meet together for prayer.

**Messiah in Us Our Hope of Glory**, p. 405

**Abiding in Messiah**, p. 418

*Week 7 (Days 43-49)*

**Devotionals: His Kingdom of Heaven - Malkhuto**, p. 47

**Red Sea to Mt. Sinai**, p. 216

Jethro visits. He is there a few days.

On third new moon, they came to Mt. Sinai (Ex. 19:1).

They camped one night, Moses went up the Mountain.

Moses told the people what God said. The people  
promised to do all God said.

God told Moses to tell them to consecrate themselves  
for 3 days, and on the third day, God will come down  
upon the mountain.

**Jethro**, p. 217

**Eagle's Wings of God Who Is Jealous**, p. 224

**The Third day**, p. 238

**Resurrection to Ruakh**, p. 428

They were meeting (every day?) in the upper room

They chose Judas' replacement.

They joined the traditional all-night prayer vigil in the  
Temple

**Waiting on the Lord**, p. 429

**Giving Thanks While Waiting**, p. 434

*Day Fifty*, p. 438

**Devotionals: SHADUOT**, p. 50

**Fulfilling the Omer**, p. 439

**The Fifty Connection**, p. 454

**All-Night Prayer Vigil Excitement!** p. 465

PREPARING  
TO RECEIVE  
THE WORD,  
Studies

## Red Sea to Mt. Sinai Events, Scriptures

### Events Leading to the Fiftieth Day (All SNB)

**After Passover:** PROTECTED BY THE PILLAR OF CLOUD AND FIRE: Ex.13:21 And יהוה went before them by day in a pillar of a cloud, to lead them the way; and by night in a pillar of fire, to give them light; to go by day and night:

Ex. 14:19-20 And the angel of God, which went before the camp of Israel, removed and went behind them; and the pillar of the cloud went from before their face, and stood behind them: 20 And it came between the camp of the Egyptians and the camp of Israel....

**Day 1:** CROSSED THE RED SEA: Ex.14:21-22 And Moses stretched out his hand over the sea; ... and the waters were divided. 22 And the children of Israel went into the midst of the sea upon the dry ground: and the waters were a wall unto them on their right hand, and on their left.;

EGYPT ARMY DESTROYED: Ex.14:23-29 And Moses stretched forth his hand over the sea, and the sea returned to his strength when the morning appeared; and the Egyptians fled against it; and יהוה overthrew the Egyptians in the midst of the sea.

SINGING AND DANCING: Ex.15:1; 20-21 Then sang Moses and the children of Israel this song unto יהוה, ...I will sing unto יהוה, for He hath triumphed gloriously: the horse and his rider hath He thrown into the sea. ... 20 And Miriam the prophetess, the sister of Aaron, took a timbrel in her hand; and all the women went out after her with timbrels and with dances. 21 And Miriam answered them, Sing ye to יהוה, for He hath triumphed gloriously; the horse and his rider hath He thrown into the sea.

**Week 1:** BITTER WATER MADE SWEET: Ex.15:23-25 And when they came to Marah, they could not drink of the waters of Marah, for they were bitter: therefore the name of it was called Marah. 24 And the people murmured against Moses, saying, What shall we drink? 25 And he cried unto יהוה; and יהוה shewed him a tree, which when he had cast into the waters, the waters were made sweet....

**Week 2:** CAMPED AT ELIM, 12 springs, 70 palms: Ex.15:27 (TLV)Then they came to Elim, where there were twelve springs of water and seventy palm trees. So they camped there by the waters.

**Week 3:** TRAVELED: Ex.16:1 And they took their journey from Elim, and all the congregation of the children of Israel came unto the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after their departing out of the land of Egypt.

**Week 4:** COMPLAINED: Ex. 16:3 And the children of Israel said unto them, Would to God we had died by the hand of יהוה in the land of Egypt, when we sat by the flesh pots, and when we did eat bread to the full; for ye have brought us forth into this wilderness, to kill this whole assembly with hunger;

QUAIL: Ex. 16:13a And it came to pass, that at evening the quails came up, and covered the camp:

MANNA: Ex.16:13b-15 and in the morning the dew lay round about the host. 14 And when the dew that lay was gone up, behold, upon the face of the wilderness there lay a small round thing.... 15 And when the children of Israel saw it, they said [Ma na? What is it?]: for they wist not what it was. And Moses said unto them, This is the bread which יהוה hath given you to eat.

**Week 5:** WATER FROM THE ROCK: Ex.17:6 Behold, I will stand before thee there upon the rock in Horeb; and thou shalt smite the rock, and there shall come water out of it, that the people may drink. And Moses did so in the sight of the elders of Israel.

**Week 6:** AMELIKITES DEFEATED: Ex.17:8-9 Then came Amalek, and fought with Israel in Rephidim. 9 And Moses said unto Joshua, Choose us out men, and go out, fight with Amalek: tomorrow I will stand on the top of the hill with the rod of God in mine hand.

**Week 7:** JETHRO CAME, WORSHIPED, GAVE ADVICE: Ex.18 whole chapter. Ex. 18:5 And Jethro, Moses' father in law, came with his sons and his wife unto Moses into the wilderness, where he encamped at the mount of God:

THREE DAYS OF PREPARATION BEFORE MT. SINAI: Ex.19:10-11 ... And יהוה said unto Moses, Go unto the people, and sanctify them to day and to morrow, and let them wash their clothes, 11 And be ready against the third day: for the third day יהוה will come down in the sight of all the people upon mount Sinai.





APPENDIX A

SCRIPTURES CHART  
of EVENTS of  
COUNTING THE OMER  
FROM RESURRECTION  
TO SHAVUOT/PENTECOST

(The Scriptures are all SNB.)

# Before the Resurrection

Matt. 27

62 Now **the next day, that followed the day of the preparation**, the chief priests and Pharisees came together unto Pilate. 63 Saying, Sir, we remember that that deceiver said, while he was yet alive, After three days I will rise again. 64 **Command therefore that the sepulchre be made sure until the third day**, lest his disciples come by night, and steal him away, and say unto the people, He is risen from the dead: so the last error shall be worse than the first. 65 Pilate said unto them, Ye have a watch: go your way, make it as sure as ye can. 66 So they went, and made the sepulchre sure, sealing the stone, and setting a watch.

## Omer Week 1, Day 1

Matt. 28

1 **In the end of the sabbath, as it began to dawn toward the first day of the week**, came Mary Magdalene and the other Mary to see the sepulchre.

2 And, behold, there was a great earthquake: for the angel of the Lord descended from heaven, and came and **rolled back the stone from the door**, and sat upon it. 3 His countenance was like lightning, and his raiment white as snow: 4 And for fear of him the keepers did shake, and became as dead men.

5 And the **angel** answered and said unto the women, **Fear not ye: for I know that ye seek *עֲשׂוּׁה* which was crucified. 6 He is not here: for he is risen, as he said.** Come, see the place where the Lord lay. 7 And go quickly, and tell his disciples that he is risen from the dead; and, behold, he goeth before you into Galilee; there shall ye see him: lo, I have told you.

8 And they departed quickly from the sepulchre with fear and great joy; and did run to bring his disciples word.

Mark 16

1 And **when the sabbath was past**, Mary Magdalene, and Mary the mother of James, and Salome, had **bought sweet spices**, that they might come and anoint him.

Mark 16 (cont.)

2 And **very early in the morning the first day of the week**, they came unto the sepulchre at the rising of the sun. 3 And they said among themselves, **Who shall roll us away the stone** from the door of the sepulchre?

4 And when they looked, **they saw that the stone was rolled away**: for it was very great.

5 And **entering into the sepulchre**, they saw a **young man sitting on the right side**, clothed in a **long white garment**; and they were affrighted. 6 And he saith unto them, **Be not affrighted: Ye seek *עֲשׂוּׁה* of Nazareth, which was crucified: he is risen; he is not here**: behold the place where they laid him. 7 But go your way, tell his disciples and Peter that he goeth before you into Galilee: there shall ye see him, as he said unto you.

8 And they went out quickly, and fled from the sepulchre; for they trembled and were amazed: **neither said they any thing to any man**; for they were afraid.

# Before the Resurrection

Luke

John

## Omer Week 1, Day 1

Luke 24

1 Now **upon the first day of the week, very early in the morning**, they came unto the sepulchre, **bringing the spices** which they had prepared, and certain others with them.

2 And **they found the stone rolled away** from the sepulchre.

3 And **they entered in, and found not the body** of the Lord *יֵשׁוּׁעַ*. 4 And it came to pass, as they were much perplexed thereabout, **behold, two men stood by them in shining garments**: 5 And as they were afraid, and bowed down their faces to the earth, they said unto them, Why seek ye the living among the dead? 6 **He is not here, but is risen**: remember how he spake unto you when he was yet in Galilee, 7 Saying, The Son of man must be delivered into the hands of sinful men, and be crucified, and the third day rise again. 8 And they remembered his words,

9 And returned from the sepulchre, and **told all these things unto the eleven**, and to all the rest. 10 It was Mary Magdalene, and Joanna, and Mary the mother of James, and other women that were with them, which told these

John 20

1 **The first day of the week cometh Mary Magdalene early, *when it was yet dark***, unto the sepulchre,

1 (cont.) and **seeth the stone taken away from the sepulchre**.

2 Then she runneth, and cometh to Simon Peter, and to the other disciple, whom *יֵשׁוּׁעַ* loved, and saith unto them, They have taken away the Lord out of the sepulchre, and we know not where they have laid him.

# Omer Week 1, Day 1, (cont.)

Matt. 28 (cont.)

Mark 16 (cont.)

9 Now when **ישוע** was risen early the first day of the week, he appeared first to Mary Magdalene, out of whom he had cast seven devils.

# Omer Week 1, Day 1, (cont.)

Luke 24 (cont.)

John 20 (cont.)

things unto the apostles. 11 And their words seemed to them as idle tales, and they believed them not.

12 Then arose Peter, and ran unto the sepulchre; and stooping down, he beheld the linen clothes laid by themselves, and departed, wondering in himself at that which was come to pass.

3 Peter therefore went forth, and that other disciple, and came to the sepulchre. 4 So they ran both together: and the other disciple did outrun Peter, and came first to the sepulchre. 5 And he stooping down, and looking in, saw the linen clothes lying; yet went he not in. 6 Then cometh Simon Peter following him, and went into the sepulchre, and seeth the linen clothes lie, 7 And the napkin, that was about his head, not lying with the linen clothes, but wrapped together in a place by itself. 8 Then went in also that other disciple, which came first to the sepulchre, and he saw, and believed. 9 For as yet they knew not the scripture, that he must rise again from the dead.

10 Then the disciples went away again unto their own home.

11 But **Mary** stood without at the sepulchre weeping: and as she wept, she stooped down, and looked into the sepulchre, 12 And seeth **two angels in white sitting, the one at the head, and the other at the feet, where the body of ישוע had lain.** 13 And they say **unto her, Woman, why weepest thou?** She saith unto them, Because they have taken away my Lord, and I know not where they have laid him. 14 And when she had thus said, she turned herself back, and saw **ישוע** standing, and knew not that it was **ישוע**. 15 **ישוע** saith unto her, **Woman, why weepest thou? whom seekest thou?** She, supposing him to be the gardener, saith unto him, Sir, if thou have borne him hence, tell me where thou hast laid him, and I will take him away. 16 **ישוע** saith unto her, **Mary.** She turned herself, and saith unto him, Rabboni; which is to say, Master. 17 **ישוע** saith unto her, **Touch me not; for I am not yet ascended to my Father: but go to my brethren, and say unto them, I ascend unto my Father, and your Father; and to my God, and your God.**

# Omer Week 1, Day 1, (cont.)

Matt. 28 (cont.)

9 And as **they** went to **tell his disciples**, behold, **עֲשׂוּׁי** met them, saying, **All hail**. And they came and **held him by the feet, and worshipped him**. 10 Then said **עֲשׂוּׁי** unto them, **Be not afraid: go tell my brethren that they go into Galilee, and there shall they see me**.

11 Now when they were going, behold, some of the watch came into the city, and shewed unto the chief priests all the things that were done. 12 And when they were assembled with the elders, and had taken counsel, they gave large money unto the soldiers, 13 Saying, Say ye, His disciples came by night, and stole him away while we slept. 14 And if this come to the governor's ears, we will persuade him, and secure you. 15 So they took the money, and did as they were taught: and this saying is commonly reported among the Jews until this day.

Mark 16 (cont.)

10 And she [Mary] went and **told them that she had been with him, as they mourned and wept**.

11 And they, **when they had heard that he was alive, and had been seen of her, believed not**.

12 After that **he appeared in another form unto two of them, as they walked, and went into the country**. 13 And they went and told it unto the residue [rest]: neither believed they them.

# Omer Week 1, Day 1, (cont.)

Luke 24 (cont.)

13 And, behold, two of them went that same day to a village called **Emmaus**, which was from Jerusalem about threescore furlongs. 14 And they talked together of all these things which had happened. 15 And it came to pass, that, while they communed together and reasoned, **עֲשׂוּׁי** himself drew near, and went with them. 16 But their eyes were holden that they should not know him. 17 And he said unto them, What manner of communications are these that ye have one to another, as ye walk, and are sad? 18 And the one of them, whose name was Cleopas, answering said unto him, Art thou only a stranger in Jerusalem, and hast not known the things which are come to pass there\* in these days? 19 And he said unto them, What things? And they said unto him, Concerning **עֲשׂוּׁי** of Nazareth, which was a prophet mighty in deed and word before God and all the people: 20 And how the chief priests and our rulers delivered him to be condemned to death, and have crucified him. 21 But we trusted that it had been he which should have redeemed Israel: and **beside all this, to day is the third day since these things were done**.

John 20 (cont.)

18 **Mary Magdalene came and told the disciples that she had seen the Lord**, and that he had spoken these things unto her.

# Omer Week 1, Day 1, (cont.)

Matt. 28 (cont.)

Mark 16 (cont.)

\*\*\*  
 [[[ *I Cor. 15:4* ...he was buried, and that he rose again the third day according to the Scriptures, 5 and that **he was seen of Cephas, then to the Twelve.**]]]

\*\*\*

Mark 16 (cont.)

14 Afterward **he appeared unto the eleven as they sat at meat**, and upbraided them with their unbelief and hardness of heart, because they believed not them which had seen him after he was risen.

# Omer Week 1, Day 1, (cont.)

Luke 24 (cont.)

John 20 (cont.)

22 Yea, and certain women also of our company made us astonished, **which were early at the sepulchre**; 23 And when they **found not his body**, they came, **saying, that they had also seen a vision of angels, which said that he was alive.**

24 And **certain of them which were with us went to the sepulchre, and found it even so as the women had said: but him they saw not.**

25 Then **he said unto them, O fools, and slow of heart to believe all that the prophets have spoken: 26 Ought not Christ to have suffered these things, and to enter into his glory?** 27 And beginning at Moses and all the prophets, he expounded unto them in all the scriptures the things concerning himself.

28 And they drew nigh unto the village, whither they went: and he made as though he would have gone further. 29 But they constrained him, saying, Abide with us: for it is toward evening, and the day is far spent. And he went in to tarry with them.

30 And it came to pass, as he sat at meat with them, he took bread, and blessed it, and brake, and gave to them. 31 And **their eyes were opened, and they knew him; and he vanished out of their sight.**

32 And they said one to another, Did not our heart burn within us, while he talked with us by the way, and while he opened to us the scriptures?

33 And they rose up the same hour, and returned to Jerusalem, and **found the eleven gathered together, and them that were with them, 34 Saying, The Lord is risen indeed, and hath appeared to Simon.**

35 And they told what things were done in the way, and how he was known of them in breaking of bread.

36 And as they thus spake, **ישוע** himself stood in the midst of them, and saith unto them, Peace be unto you. 37 But they were terrified and affrighted, and supposed that they had seen a spirit.

19 **Then the same day at evening, being the first day of the week, when the doors were shut** where the disciples were assembled for fear of the Jews, **came ישוע** and stood in the midst, and saith unto them, **Peace be unto you.**

## Omer Week 1, Day 1, (cont.)

Matt. 28 (cont.)

Mark 16 (cont.)

## Omer Week 2

Matt. 28 (cont.)

Mark 16 (cont.)

## Omer Week 1, Day 1, (cont.)

Luke 24 (cont.)

38 **And he said unto them, Why are ye troubled? and why do thoughts arise in your hearts? 39 Behold my hands and my feet, that it is I myself: handle me, and see; for a spirit hath not flesh and bones, as ye see me have.** 40 And when he had thus spoken, he shewed them his hands and his feet. 41 And while they yet believed not for joy, and wondered, he said unto them, **Have ye here any meat?** 42 And they gave him a piece of a broiled fish, and of an honeycomb. 43 And he took it, and did eat before them. 44 **And he said unto them, These are the words which I spake unto you, while I was yet with you, that all things must be fulfilled, which were written in the law of Moses, and in the prophets, and in the psalms, concerning me.** 45 **Then opened he their understanding,** that they might understand the scriptures, 46 And said unto them, **Thus it is written, and thus it behoved Christ to suffer, and to rise from the dead the third day: 47 And that repentance and remission of sins should be preached in his name among all nations, beginning at Jerusalem. 48 And ye are witnesses of these things.**

49 **And, behold, I send the promise of my Father upon you: but tarry ye in the city of Jerusalem, until ye be endued with power from on high.**

## Omer Week 2

John 20 (cont.)

20 And when he had so said, he shewed unto them his hands and his side. Then were the disciples glad, when they saw the Lord. 21 Then said **ישוע** to them again, **Peace be unto you: as my Father hath sent me, even so send I you.** 22 And when he had said this, **he breathed on them,** and saith unto them, **Receive ye the Holy Ghost: 23 Whose soever sins ye remit, they are remitted unto them; and whose soever sins ye retain, they are retained.**

24 But **Thomas**, one of the twelve, called Didymus, was not with them when **ישוע** came. 25 The other disciples therefore said unto him, We have seen the Lord. But he said unto them, Except I shall see in his hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into his side, I will not believe.

## Omer Week 2

26 **And after eight days again his disciples were within,** and Thomas with them: then came **ישוע**, the doors being shut, and stood in the midst, and said, Peace be unto you. 27 Then saith he to Thomas, **Reach hither thy finger, and behold my hands; and reach hither thy hand, and thrust it into my side: and be not faithless, but believing.** 28 And Thomas answered and said unto him, My Lord and my God. 29 **ישוע** saith unto him, **Thomas, because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed.**

30 And many other signs truly did **ישוע** in the presence of his disciples, which are not written in this book: 31 But these are written, that ye might believe that **ישוע** is the Christ, the Son of God; and that believing ye might have life through his Name.

## Omer Week 2 (cont.)

Matt. 28 (cont.)

16 Then the eleven disciples went away into Galilee, into a mountain where יְשׁוּעַ had appointed them. 17 And **when they saw him, they worshipped him**: but some doubted.

Mark 16 (cont.)

## Omer Week 3

Matt. 28 (cont.)

18 And יְשׁוּעַ came and **spake unto them, saying, All power is given unto me in heaven and in earth. 19 Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: 20 Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.**

Matt. 28 (ended)

Mark 16 (cont.)

15 And he said unto them, **Go ye into all the world, and preach the gospel to every creature.** 16 He that believeth and is baptized shall be saved; but he that believeth not shall be damned. 17 And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; 18 They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover.

## Omer Week 2 (cont.)

Luke 24 (cont.)

John 21

1 After these things יְשׁוּעַ shewed himself again to the disciples at the sea of Tiberias; and on this wise shewed he himself. 2 There were together Simon Peter, and Thomas called Didymus, and Nathanael of Cana in Galilee, and the sons of Zebedee, and two other of his disciples. 3 **Simon Peter saith unto them, I go a fishing.** They say unto him, **We also go with thee.** They went forth, and entered into a ship immediately; and that night they caught nothing. 4 But when the morning was now come, יְשׁוּעַ stood on the shore: but the disciples knew not that it was יְשׁוּעַ 5 Then יְשׁוּעַ saith unto them, **Children, have ye any meat?** They answered him, No. 6 And he said unto them, **Cast the net on the right side of the ship, and ye shall find.** They cast therefore, and now they were not able to draw it for the multitude of fishes. 7 Therefore that disciple whom יְשׁוּעַ loved saith unto Peter, It is the Lord. Now when Simon Peter heard that it was the Lord, he girt his fisher's coat unto him, (for he was naked,) and did cast himself into the sea. 8 And the other disciples came in a little ship; (for they were not far from land, but as it were two hundred cubits,) dragging the net with fishes. 9 As soon then as they were come to land, they saw a fire of coals there, and fish laid thereon, and bread. 10 יְשׁוּעַ saith unto them, **Bring of the fish which ye have now caught.** 11 Simon Peter went up, and drew the net to land full of great fishes, an hundred and fifty and three: and for all there were so many, yet was not the net broken.

12 יְשׁוּעַ saith unto them, **Come and dine.** And none of the disciples durst ask him, Who art thou? knowing that it was the Lord. 13 יְשׁוּעַ then cometh, and taketh bread, and giveth them, and fish likewise. 14 This is now the **third time** that יְשׁוּעַ shewed himself to his disciples, after that he was risen from the dead.

15 So when they had dined, יְשׁוּעַ saith to **Simon Peter, Simon, son of Jonas, lovest thou me more than these?** He saith unto him, Yea, Lord; thou knowest that I love thee. He saith unto him, **Feed my lambs.** 16 He saith ... **lovest thou me?**

He saith unto him, Yea, Lord; thou knowest that I love thee. He saith unto him, **Feed my sheep.** 17 He saith ..., **lovest thou me?** Peter was grieved because he said unto him the **third time**, Lovest thou me? And he said..., Lord, thou knowest all things; thou knowest that I love thee. יְשׁוּעַ saith..., **Feed my sheep.** 18 Verily, verily, I say unto thee, When ... thou shalt be old, thou shalt stretch forth thy hands, and another shall gird thee, and carry thee whither thou wouldest not. 19 This spake he, signifying by what death he should glorify God. And ... he saith..., **Follow me.** 20 Then Peter, turning about, ... saith to יְשׁוּעַ, Lord, and what shall this man do? 22 יְשׁוּעַ saith unto him, If I will that he tarry till I come, what is that to thee? **follow thou me.**

## Omer Week 3



## Omer Week 4

### Acts 1

1 The former treatise have I made, O Theophilus, of all that **ישוע** began both to do and teach, 2 Until the day in which he was taken up, after that he through the Holy Ghost had given commandments unto the **apostles** whom he had chosen:

3 To whom also **he shewed himself alive after his passion by many infallible proofs, being seen of them forty days**, and speaking of the things pertaining to the kingdom of God:

## Omer Week 5

4 And, **being assembled together with them**, commanded them that they should not depart from Jerusalem, but wait for the promise of the Father, which, saith he, ye have heard of me. 5 For John truly baptized with water; but **ye shall be baptized with the Holy Ghost not many days hence.**

## Omer Week 6

### Acts 1 (cont.)

6 **When they therefore were come together**, they asked of him, saying, Lord, wilt thou at this time restore again the kingdom to Israel?

7 And he said unto them, It is not for you to know the times or the seasons, which the Father hath put in his own power. 8 But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.

9 And when he had spoken these things, while they beheld, **he was taken up; and a cloud received him out of their sight.** 10 And while they looked stedfastly toward heaven as he went up, behold, two men stood by them in white apparel; 11 Which also said, Ye men of Galilee, why stand ye gazing up into heaven? this same **ישוע**, which is taken up from you into heaven, shall so come in like manner as ye have seen him go into heaven.

12 Then returned they unto Jerusalem from the mount called Olivet, which is from Jerusalem a sabbath day's journey. 13 And when they were come in, they went up into an upper room, where abode both Peter, and James, and John, and Andrew, Philip, and Thomas, Bartholomew, and Matthew, James the son of Alphaeus, and Simon Zelotes, and Judas the brother of James.

### Mark 16 (cont.)

### Mark 16 (cont.)

19 So then after the Lord had spoken unto them, **he was received up into heaven**, and sat on the right hand of God.

## Omer Week 4

### Luke 24 (cont.)

### John 21 (cont.)

## Omer Week 5

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[[[I Cor. 15:6 After that, **he was seen of above five hundred brethren at once**; of whom the greater part remain unto this present, but some are fallen asleep. 7 After that, he was seen of James; then of all the apostles.]]]

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## Omer Week 6

### Luke 24 (cont.)

50 And he led them out as far as to Bethany, and he lifted up his hands, and blessed them. 51 And it came to pass, while he blessed them, he was parted from them, and **carried up into heaven.** 52 And they worshipped him, and returned to Jerusalem with great joy:

### John 21 (cont.)

23 ... 24 This is the disciple which testified of these things, and wrote these things.... 25 And there are also many other things which **ישוע** did, the which, if they should be written every one, I suppose that even the world itself could not contain the books that should be written. Amen.

### John 21 (ended.)

## Omer Week 7

Acts 1 (cont.)

Acts 1:14 These all continued with one accord in prayer and supplication, with the women, and Mary the mother of ישיע, and with His brethren. 15 And in those days Peter stood up in the midst of the disciples, and said, (the number of names together were about an hundred and twenty,) 16 Men and brethren, this scripture must needs have been fulfilled, ... concerning Judas, which was guide to them that took ישוע. ... 21 Wherefore of these men which have companied with us all the time ... must one be ordained to be a witness with us of his resurrection. 23 ... 26 and the lot fell upon Matthias;

Mark 16 (cont.)

## Omer Day 50

Mark 16 (cont.)

20 And they went forth, and preached everywhere, the Lord working with them, and confirming the word with signs following. Amen.

## Omer Week 7

Luke 24 (cont.)

53 And were continually in the **Temple**, praising and blessing God. Amen.

## Omer Day 50

Acts 2:1-4

And when the day of **Pentecost** [**Shavuot**] was fully come, they were all with one accord in one place. 2 And suddenly there came a sound from heaven as of a rushing mighty wind, and it filled all the **House** where they were sitting. 3 And there appeared unto them cloven tongues like as of fire, and it sat upon each of them. 4 And they were all filled with the Holy Spirit, and began to speak with other tongues, as the Spirit gave them utterance. 5 ... 6 Now when this was noised abroad, the multitude came together.... 7 And they were all amazed and marvelled... 14 (NRSV) Peter, standing with the eleven, raised his voice and addressed them.... 41 Those who welcomed his message were ...about three thousand....

APPENDIX B  
RESURRECTION TO RUAKH  
SCRIPTURE  
WHAT YESHUA  
SAID AND DID  
Between  
HIS RESURRECTION  
AND ASCENSION

(All SNB with divine pronouns capitalized)

### What Yeshua said and did for 40 of those 50 days

(Yeshua's Words in **bold**) (In chronological order and divided into weeks as close as we could figure.) (all SNB)

**Week 1 (mostly Day 1):** Mark 16:9 Now when יְשׁוּעַ was risen early the first day of the week, He appeared first to Mary Magdalene, out of whom he had cast seven devils.

John 20:14 And when she had thus said, she turned herself back, and saw יְשׁוּעַ standing, and knew not that it was יְשׁוּעַ. 15 יְשׁוּעַ saith unto her, **Woman, why weepest thou? whom seekest thou?** She, supposing Him to be the gardener, saith unto Him, Sir, if thou have borne Him hence, tell me where thou hast laid Him, and I will take Him away. 16 יְשׁוּעַ saith unto her, **Mary.** She turned herself, and saith unto Him, Rabboni; which is to say, Master. 17 יְשׁוּעַ saith unto her, **Touch Me not; for I am not yet ascended to My Father: but go to My brethren, and say unto them, I ascend unto My Father, and your Father; and to My God, and your God.**

Matt. 28:9-10 **All hail ... 10 ...Be not afraid: go tell My brothers that they go into Galilee, and there shall they see Me.**

Luke 24:13-21 And, behold, two of them went that same day to a village called Emmaus, which was from Jerusalem about threescore furlongs. 14 And they talked together of all these things which had happened. 15 And ...while they communed together and reasoned, יְשׁוּעַ Himself drew near, and went with them. 16 But their eyes were holden that they should not know Him. 17 And He said unto them, **What manner of communications are these that ye have one to another, as ye walk, and are sad?** 18 And the one of them, whose name was Cleopas, answering said unto Him, Art thou only a stranger in Jerusalem, and hast not known the things which are come to pass there in these days? 19 And He said unto them, **What things?** And they said unto Him, Concerning יְשׁוּעַ of Nazareth, which was a prophet mighty in deed and word before God and all the people: 20 And how the chief priests and our rulers delivered Him to be condemned to death, and have crucified Him. 21 But we trusted that it had been He which should have redeemed Israel: and beside all this, to day is the third day since these things were done.

(cont.) Luke 24:22-27 Yea, and certain women also of our company made us astonished, which were early at the sepulchre; 23 And when they found not His body, they came, saying, that they had also seen a vision of angels, which said that He was alive. 24 And certain of them which were with us went to the sepulchre, and found it even so as the women had said: but Him they saw not. 25 Then He said unto them, **O fools, and slow of heart to believe all that the prophets have spoken: 26 Ought not Messiah to have suffered these things, and to enter into His glory?** 27 And beginning at Moses and all the prophets, He expounded unto them in all the Scriptures the things concerning Himself.

(cont.) Luke 24:28-35 And they drew nigh unto the village, whither they went: and He made as though He would have gone further. 29 But they constrained Him, saying, Abide with us: for it is toward evening, and the day is far spent. And He went in to tarry with them. 30 And it came to pass, as He sat at meat with them, He took bread, and blessed it, and brake, and gave to them. 31 And their eyes were opened, and they knew Him; and He vanished out of their sight. 32 And they said one to another, Did not our heart burn within us, while He talked with us by the way, and while He opened to us the Scriptures? 33 And they rose up the same hour, and returned to Jerusalem, and found the eleven gathered together, and them that were with them, 34 Saying, The Lord is risen indeed, and hath appeared to Simon. 35 And they told what things were done in the way, and how He was known of them in breaking of bread.

(cont.) Luke 24:36-43 And as they thus spoke, Himself stood in the midst of them, and says unto them, **Peace be unto you.** 37 But they were terrified and affrighted, and supposed that they had seen a spirit. 38 And He said unto them, **Why are ye troubled? and why do thoughts arise in your hearts? 39 Behold My hands and My feet, that it is I Myself: handle Me, and see; for a spirit has not flesh and bones, as ye see Me have.** 40 And when He had thus spoken, He shewed them His hands and His feet. 41 And while they yet believed not for joy, and wondered, He said unto them, **Have ye here any meat?** 42 And they gave Him a piece of a broiled fish, and of an honeycomb. 43 And He took it, and did eat before them. (cont. Week 4)

John 20:19-23 ... came and stood in the midst, and says unto them, **Peace be unto you.** 20 And when He had so said, He shewed unto them His hands and His side. Then were the disciples glad, when they saw the Lord. 21 Then said to them again, **Peace be unto you: as My Father has sent Me, even so send I you.** 22 And when He had said this, He breathed on them, and saith unto them, **Receive ye the Holy Spirit: 23 Whose soever sins ye remit, they are remitted unto them; and whose soever sins ye retain, they are retained.**

**Week 2:** John 20:26-30 And after eight days again His disciples were within, and Thomas with them: then came ישוע, the doors being shut, and stood in the midst, and said, **Peace be unto you.** 27 Then saith He to Thomas, **reach hither thy finger, and behold My hands; and reach hither thy hand, and thrust it into My side: and be not faithless, but believing.** 28 And Thomas answered and said unto Him, My Lord and my God. 29 ישוע saith unto him, **Thomas, because you have seen Me, you have believed: blessed are they that have not seen, and yet have believed.** 30 And many other signs truly did ישוע in the presence of His disciples, which are not written in this book:

John 21:3-6, 9-14 Simon Peter saith unto them, I go a fishing. They say unto him, We also go with thee. They went forth, and entered into a ship immediately; and that night they caught nothing. 4 But when the morning was now come, ישוע stood on the shore: but the disciples knew not that it was ישוע. 5 Then ישוע saith unto them, **Children, have ye any meat?** They answered Him, No. 6 And He said unto them, **Cast the net on the right side of the ship, and ye shall find.** They cast therefore, and now they were not able to draw it for the multitude of fishes. ... 9 As soon then as they were come to land, they saw a fire of coals there, and fish laid thereon, and bread. 10 ישוע saith unto them, **Bring of the fish which ye have now caught.** 11 Simon Peter went up, and drew the net to land full of great fishes, an hundred and fifty and three: and for all there were so many, yet was not the net broken. 12 ישוע saith unto them, **Come and dine.** ... 13 ישוע then cometh, and taketh bread, and giveth them, and fish likewise.

(cont.) John 21:14-22 This is now the **third time** that ישוע shewed Himself to His disciples, after that He was risen from the dead. 15 So when they had dined, ישוע saith to Simon Peter, **Simon, son of Jonas, lovest thou Me more than these? ... Feed My lambs.** 16 ... **Simon, son of Jonas, lovest thou Me? ... Feed My sheep.** 17 He saith unto him the third time, **Simon, son of Jonas, lovest thou Me? ....** says unto him, **Feed My sheep.** 18 **Verily, verily, I say unto you, When thou wast young, you girdedst thyself, and walkedst whither thou wouldest: but when thou shalt be old, thou shalt stretch forth thy hands, and another shall gird thee, and carry thee whither thou wouldest not.** 19 ... **Follow Me.** ... 22 Peter said what about him? Yeshua saith unto him, **If I will that he tarry till I come, what is that to thee? Follow thou Me.**

**Week 3:** Acts 1:3 ...He shewed Himself alive after His passion by many infallible proofs, being seen of them forty days, and speaking of the things pertaining to the Kingdom of God:

Matt. 28:18-20 **All power is given unto Me in heaven and in earth.** 19 **Go ye therefore, and teach all nations, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit:** 20 **Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.**

Mark 16:15-18 And He said unto them, **Go ye into all the world, and preach the Gospel to every creature.** 16 **He that believes and is baptized shall be saved; but he that believes not shall be damned.** 17 **And these signs shall follow them that believe; In My Name shall they cast out devils; they shall speak with new tongues;** 18 **They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover.**

**Week 4:** Luke 24:44-45 [He would've continued this.] And He said... **These are the words which I spoke unto you, while I was yet with you, that all things must be fulfilled, which were written in the Torah of Moses, and in the prophets, and in the psalms, concerning Me.** 45 Then opened He their understanding, that they might understand the Scriptures,

## Resurrection to Ruakh, Scripture

**Week 5:** I Cor. 15:6 After that, He was seen of above five hundred brothers at once.... 7 After that, He was seen of James; then of all the apostles.

Acts 1:4-5 And, being assembled together with them, commanded them that they should not depart from Jerusalem, but **wait for the promise of the Father, which, says He, ye have heard of Me. 5 For John truly baptized with water; but ye shall be baptized with the Holy Spirit not many days hence.**

**Week 6:** Acts 1:6-8 When they therefore were come together, they asked of him, saying, Lord, wilt thou at this time restore again the kingdom to Israel? 7 And He said unto them, **It is not for you to know the times or the seasons, which the Father has put in his own power. 8 But ye shall receive power, after that the Holy Spirit is come upon you: and ye shall be witnesses unto Me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.**

Luke 24:46-49 And said unto them, **Thus it is written, and thus it behooved Messiah to suffer, and to rise from the dead the third day: 47 And that repentance and remission of sins should be preached in His Name among all nations, beginning at Jerusalem. 48 And ye are witnesses of these things. 49 And, behold, I send the promise of My Father upon you: but tarry ye in the city of Jerusalem, until ye be endued with power from on high.**

**Day 40:** Luke 24:50-51 And He led them out as far as to Bethany, and **He lifted up His hands, and blessed them.** 51 And it came to pass, while He blessed them, He was parted from them, and carried up into Heaven.

Acts 1:9-11 And when He had spoken these things, while they beheld, **He was taken up; and a cloud received Him out of their sight.** 10 And while they looked steadfastly toward heaven as He went up, behold, two men stood by them in white apparel; 11 Which also said, Ye men of Galilee, why stand ye gazing up into heaven? [T]his same **ישוע**, which is taken up from you into Heaven, shall so come in like manner as ye have seen Him go into Heaven.

## Yeshua's words in bold

Acts 1:12-13 Then returned they unto Jerusalem from the mount called Olivet, which is from Jerusalem a sabbath day's journey. 13 And when they were come in, they went up into an upper room, where abode both Peter, and James, and John, and Andrew, Philip, and Thomas, Bartholomew, and Matthew, James the son of Alphaeus, and Simon Zelotes, and Judas the brother of James.

**Days 41-42 & Week 7:** Luke 24:53 And were continually **in the Temple**, praising and blessing God. Amen.

Acts 1:14 These all continued with one accord in prayer and supplication, with the women, and Mary the mother of **ישוע**, and with His brethren.

Acts 1:15-26 And in those days Peter stood up in the midst of the disciples, and said, (the number of names together were about an hundred and twenty,) 16 Men and brethren, this scripture must needs have been fulfilled, which the Holy Ghost by the mouth of David spake before concerning Judas, which was guide to them that took **ישוע**. ... 20 For it is written in the book of Psalms, Let his habitation be desolate, and let no man dwell therein: and his [office] let another take. 21 Wherefore of these men which have companied with us all the time that the Lord **ישוע** went in and out among us, 22 Beginning from the baptism of John, unto that same day that He was taken up from us, must one be ordained to be a witness with us of His resurrection. 23 And they appointed two, ... 26 and the lot fell upon Matthias; and he was numbered with the eleven apostles.

**Day 50:** Acts 2:1-4 And when the day of **Pentecost** [Shavuot] was fully come, they were all with one accord in one place. 2 And suddenly there came a sound from heaven as of a rushing mighty wind, and it filled all the **House** where they were sitting. 3 And there appeared unto them cloven tongues like as of fire, and it sat upon each of them. 4 And **they were all filled with the Holy Spirit**, and began to speak with other tongues, as the Spirit gave them utterance. 5 ... 6 Now when this was noised abroad, the multitude came together.... 7 And they were all amazed and marvelled... 14 NRSV: Peter, standing with the eleven, raised his voice and addressed them.... 41 Those who welcomed his message were ...about three thousand....